

# OSR Massage Intake Form

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ DOB: \_\_\_\_\_

Email: \_\_\_\_\_ Primary Physician: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Emergency Contact / Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

## Medical Information

Circle if you have a history of any of the following?

Cancer      Blood Clots/Circulatory Issues  
Hyper/hypotension      Stroke      Heart Attack  
Diabetes      Neuropathy      Renal Dysfunction  
Fibromyalgia      Joint Replacement      Arthritis  
Osteoporosis      Fractures      Plantar Fasciitis  
Sciatica      TMJ      Psoriasis      Eczema  
Pregnancy \_\_\_\_\_ weeks

Circle all that apply if you have experienced any of the following in the last 6 months

Back Pain: Upper      Mid      Low  
Numbness/Tingling      Strain/Sprain  
Headaches/Migraines      Neck Pain  
Shoulder Pain      Arm Pain      Leg Pain  
Knee Pain      Wrist Pain      Ankle Pain

Are you currently taking any medications?

Yes      No

IF yes, please list medications

\_\_\_\_\_  
\_\_\_\_\_

*Information below is to check coverage ONLY*

Do you have medical insurance? Please select the coverage you have.

MEDICARE      UHC      TRICARE      UHA      HMSA      BCBS      HMAA      PPO      HMO      OTHER

When was the last time you received bodywork? \_\_\_\_\_

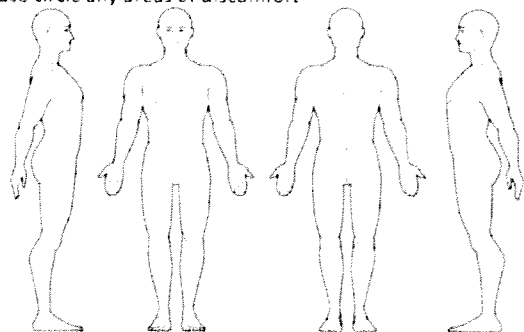
What are your goals/expectations for this massage? \_\_\_\_\_  
\_\_\_\_\_

Do you have any allergies or sensitivities to lotions or oils? \_\_\_\_\_

Do you have interest in the following? Circle all that apply.

Cupping      Aromatherapy      CBD Oils  
Hot Stone Massage      Prenatal Massage

Please circle any areas of discomfort



By signing the below, I agree to the following, I have completed this form to the best of my knowledge and agree to inform the therapist if any of the information above changes at any time.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_